



## **HEALTH AND SAFETY POLICY**

The right to take part in gymnastics activities in a safe environment, and stay free from harm, applies to everyone and all members must take reasonable steps to ensure they are fully aware and compliant with the relevant aspects of the policy.

Dover Gymnastics Club implements its policies to ensure they are compliant with BG Policy and UK legislation. A full copy of the BG Policy can be downloaded from the BG website. A reference copy is also kept in the office.

The main responsibilities are summarised below.

### **DOVER GYMNASTICS CLUB WILL:**

- Ensure that all coaches and helpers have the appropriate BG coach training and receive training in respect of health and safety. In addition all club coaches, helpers and officials will hold current, enhanced CRB checks.
- Ensure that there are a number of suitably qualified and trained First-Aiders in the gym during each session and a suitably equipped First Aid Kit kept by the music/PA system in the gym.
- Ensure that all club activities and sessions are planned to minimise all risks in respect of Health, Safety and Welfare.
- Keep a register of all participants together with a contact number for their next of kin, parent or guardian and any medical condition in the Main Office.
- Ensure that these arrangements are monitored on a regular basis with documented risk assessments of the club, facility and equipment.
- Keep the arrangements under review and introduce any additional measures considered necessary and reasonably practicable in relation to the operation of the club.
- Appoint a designated Health & Safety officer who has the necessary skills and experience and overall responsibility for maintaining and enforcing this policy.
- Ensure reporting procedures are followed for any accidents or incidents and inform BG of any serious allegations or concerns of poor practice.

### **MEMBERS WILL:**

- Take reasonable care of their own health, safety and welfare and that of others who may be affected by his/her acts or omissions.
- Co-operate with BG, England Gymnastics, the SE Region, the County and the club on all issues relating to health, safety and welfare.
- Ensure reporting procedures are followed for any accidents or incidents and inform The Health and Safety Officer and/or Club Welfare Officer of any serious allegations or concerns of poor practice.